



2023 HOLY NAME RETREAT

Day 1: Opening Day – Sunday, December 3

- 11.30-02.00 pm Arrival at the Govardhana Retreat Center, reception & settling in rooms
02.00-03.00 pm Lunch prasāda & announcements (*Girirāja Prasādam Dining Hall*)
03.30 pm Harināma procession to Govardhana valley
04.00-05.45 pm **Opening** (*Govardhana valley*)
“Entering the Retreat”
With Śacīnandana Svāmī & Bhūrijana Prabhu
06.15-07.15 pm Kīrtana (*Śrī Hari Kīrtana Sthalī*)
07.15-08.00 pm Dinner prasāda & announcements (*Girirāja Prasādam Dining Hall*)

Day 2: Laying the Foundation – Monday, December 4

- Early Morning Individual japa
05.30-05.55 am Maṅgala ārati (*Śrī Hari Kīrtana Sthalī*)
06.00-08.00 am Guided Group Japa with Śacīnandana Svāmī (*Śrī Hari Kīrtana Sthalī*)
08.00-08.20 am Śrīla Prabhupāda Guru Pūjā (*Śrī Hari Kīrtana Sthalī*)
08.30-09.15 am Breakfast prasāda (*Girirāja Prasādam Dining Hall*)
Free time
10.30-12.30 pm “Śrī Caitanya Mahāprabhu's Śikṣāṣṭakam, Prayer and the Holy Names of Kṛṣṇa”
(*Śrī Hari Kīrtana Sthalī*)
by Bhūrijana Prabhu
12.30-01.00 pm Kīrtana (*Śrī Hari Kīrtana Sthalī*)
01.00-02.30 pm Lunch prasāda (*Girirāja Prasādam Dining Hall*)
Free time
03.30-05.30 pm “The Heart of the Holy Name - Recommendations, inspirations and techniques that
provide a deeper absorption in Nama Prabhu” (*Śrī Hari Kīrtana Sthalī*)
by Śacīnandana Svāmī
06.00-07.00 pm Dinner prasada (*Girirāja Prasādam Dining Hall*)
07.00-08.15 pm Kīrtana (*Śrī Hari Kīrtana Sthalī*)
08.15-08.30 pm Closing words (*Śrī Hari Kīrtana Sthalī*)

Day 3: Kīrtana Day– Tuesday, December 5

- Early Morning Individual japa
05.30-05.55 am Maṅgala ārati (*Śrī Hari Kīrtana Sthalī*)
06.00-07.45 am Group Japa (*Śrī Hari Kīrtana Sthalī*)
07.45-08.15 am Breakfast prasada (*Girirāja Prasādam Dining Hall*)
08.30 am Harināma procession to Govardhana valley
09.00-01.00 pm **Kīrtana** (*Govardhana valley*)
01.30-03.00 pm Lunch prasāda (*Girirāja Prasādam Dining Hall*)
Free time
03.30-04.15 pm **Departure for Kusuma Sarovara**
05.00-08.00 pm Kīrtana (*Kusuma Sarovara*)
08.00 pm Dinner prasada at Kusuma Sarovara & return to GRC

Day 4: Going deeper – Wednesday, December 6

Early Morning	Individual Japa
05.30-05.55 am	Maṅgala āraṭi (Śrī Hari Kīrtana Sthalī)
06.00-08.00 am	Group Japa (Śrī Hari Kīrtana Sthalī)
08.00-08.20 am	Śrīla Prabhupāda Guru Pūjā (Śrī Hari Kīrtana Sthalī)
08.30-09.15 am	Breakfast prasāda (Girirāja Prasādam Dining Hall)
	Free time
10.30-12.30 pm	“Śrī Caitanya Mahāprabhu's Śikṣāṣṭakam, Prayer and the Holy Names of Kṛṣṇa” (Śrī Hari Kīrtana Sthalī) by Bhūrijana Prabhu
12.30-01.00 pm	Kīrtana (Śrī Hari Kīrtana Sthalī)
01.00-02.30 pm	Lunch prasāda (Girirāja Prasādam Dining Hall)
	Free time
03.30-05.30 pm	“The Heart of the Holy Name - Recommendations, inspirations and techniques that provide a deeper absorption in Nama Prabhu” (Śrī Hari Kīrtana Sthalī) by Śacinandana Svāmī
06.00-07.00 pm	Dinner prasāda (Girirāja Prasādam Dining Hall)
07.00-08.15 pm	Kīrtana (Śrī Hari Kīrtana Sthalī)
08.15-08.30 pm	Closing words (Śrī Hari Kīrtana Sthalī)

Day 5: 64 rounds day – Thursday, December 7

Early Morning	Individual Japa
05.00-05.15 am	Maṅgala āraṭi
05.15-07.00 am	Group Japa with Śacinandana Svāmī (Śrī Hari Kīrtana Sthalī)
07.00-07.15 am	Śrīla Prabhupāda Guru Pūjā (Śrī Hari Kīrtana Sthalī)
07.15-08.00 am	Breakfast prasāda (Girirāja Prasādam Dining Hall)
08.00-07.00 pm	Schedule to be announced
07.00-08.00 pm	Dinner prasāda (Girirāja Prasādam Dining Hall)

Day 6: Final Day – Friday, December 8

Early Morning	Individual Japa
05.30-05.45 am	Maṅgala āraṭi
05.45-07.00 am	Group Japa (Śrī Hari Kīrtana Sthalī)
07.00-07.15 am	Śrīla Prabhupāda Guru Pūjā (Śrī Hari Kīrtana Sthalī)
07.15-08.00 am	Breakfast prasāda (Girirāja Prasādam Dining Hall)
08.00-10.00 am	Break & packing of luggage
10.00-1.00 pm	Question/answer session & final words (Śrī Hari Kīrtana Sthalī) With Śacinandana Svāmī & Bhūrijana Prabhu Kīrtana (Śrī Hari Kīrtana Sthalī)
1.00-2.00 pm	Feast prasāda (Girirāja Prasādam Dining Hall)